



ENVIRON

Safety Management Ltd

COURSE TITLE: First Aid at Work 3 Day

WHO SHOULD ATTEND:

All employers in the UK have a legal duty to make First Aid provision for their employees whilst they are at work. This course is ideal for those persons who are nominated to be a First Aider in the workplace, or who want the most comprehensive introduction to First Aid

AIMS:

The knowledge and confidence to deal with a First Aid emergency

COURSE CONTENT:

Delegates will receive thorough training in a range of First Aid competencies including:

- Aims and principles of First Aid
- Prevention of cross-infection during First Aid procedures
- Basic Life Support (BLS)
- Management of the unconscious casualty
- Assessment and treatment of a casualty who is wounded, bleeding or shocked
- Assessment and treatment of fractures, dislocations and soft tissue injuries
- Assessment and treatment of burns, poisoning and eye injuries
- Assessment and treatment of common major and minor illnesses
- Emergency transport of casualties
- Legal aspects of First Aid at Work, record keeping and use of equipment

CANDIDATE ASSESSMENT:

Continuous assessment by trainer and practical skills tests.

QUALIFICATION:

On successful completion of the course and final assessment, the delegate will receive the HSE Approved nationally recognised First Aid at Work certificate which is valid for 3 years.

COURSE DURATION: 3 days

COST: £225 + vat per delegate

NUMBER OF DELEGATES: Min. 8 Max. 12