



ENVIRON

Safety Management Ltd

COURSE TITLE: Manual Handling Awareness

WHO SHOULD ATTEND:

This course is aimed at employees who are required to lift, carry or support a load as part of their working activities.

AIMS:

To ensure each delegate are aware of how they can protect themselves during handling operations.

COURSE CONTENT:

Delegates will receive a combination of classroom based theory and hands-on experience in the following:

- Legal requirements
- Hierarchy of controls
- Physical capabilities
- Potential injuries
- Correct lifting methods
- Practical session

CANDIDATE ASSESSMENT:

Test paper and practical assessment.

QUALIFICATION:

On successful completion of the practical session and test paper the delegate will receive an Environ Safety Management Certificate which is valid for 3 years.

COURSE DURATION: 1/2 day

COST: £295 + vat per course

NUMBER OF DELEGATES: Min. 5 Max. 15